

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <h1 style="color: gold; font-family: cursive;">October</h1> <h2 style="color: gold; font-family: cursive;">CWP Activities</h2>						
		*Name Tag Day 1 9am Shopping Bus (Fred Meyer) 10am Advanced Fitness (AUD) 11am Better Balance (AUD) 11am Choir Practice (CH) 12pm Art Group (ART) 1pm Resident Council (AUD) 3:15pm Orchestra Ensemble (CH) 6:30pm Pinochle (ML)	2 9am Mind Matters (CR) 10am Advanced Fitness (AUD) 10:30am KC Traveling Library (ML) 11am Seated Fitness (AUD) 1pm Wii Bowling (AUD) 2pm Library Book Club (CH) 6:30pm Card Games (CC) 6:30pm Chess Club (FR)	3 9:30am Prayer Time w/Brian (CH) 10am Shopping Bus (Aurora Market) 10am Brain Health Fitness (AUD) 11am Better Balance (AUD) 1pm Jesus Always (CH) 1 & 1:30 Campus Walks (MLP) 1pm Christian Book Study (FR) 2pm Ping Pong (AUD) 2pm Genealogy Group (ART) 6pm Bridge Night (FR)	4 9:15am Shopping Bus (QFC etc.) 10am Advanced Fitness (AUD) 11am Seated Fitness (AUD) 1pm Jeopardy! (AUD) 2pm Mark Hamby on piano (ML) 3:30pm Pray the Rosary (CH) 7pm Movie Night: (CH)	5 8:15am Bus for Men's Breakfast 8:30am Men's Breakfast (UC King's Chapel) 6:30pm Rummikub (CC)
		Recycle Your Old Computer (ACL) 8 9am Shopping Bus (Fred Meyer) 10am Advanced Fitness (AUD) 11am Better Balance (AUD) 11am Choir Practice (CH) 12pm Art Group (ART) 1pm Low-vision Support Group (CH) 2pm Writing Group (FR) 3:15pm Orchestra Ensemble (CH) 6:30pm Pinochle (ML) 6:30pm The Gideons (CH)	9 9am Mind Matters (CR) 11am Seated Fitness (AUD) 10am Advanced Fitness (AUD) 11:05am Gather in Lobby 11:20am Depart Day Trip: Seattle Aquarium (BP) 1pm Wii Bowling (AUD) 6:30pm Card Games (CC) 6:30pm Chess Club (FR)	Recycle Your Old Computer Through Thursday at Noon (ACL) 10 9:30am Prayer Time w/Brian (CH) 10am Shopping Bus (Fred Meyer) 10am Brain Health Fitness (AUD) 11am Better Balance (AUD) 1pm Christian Book Study (FR) 1pm Jesus Always (CH) 2pm Ping Pong (AUD) 4:30pm October Birthday Din. (CR) 6pm Bridge Night (FR)	11 9:15am Shopping Bus (QFC, Trader Joe's, Banks, Drug Stores) 10am Advanced Fitness (AUD) 11am Seated Fitness (AUD) 7pm Movie Night: (CH)	12 12pm The Music of Mizue (ML) 6:30pm Rummikub (CC)
6 6pm Sunday Vespers (CH)	7 10am Advanced Fitness (AUD) 11am Seated Fitness (AUD) 11am Women's Bible Study (FR) 1pm Knitters and Stitchers (FR) 1:30pm Vaccine Clinic (ACL) 2pm Ping Pong (AUD) 2pm Mind Matters (CR) 6:30/7pm Games (CC&FR)	14 9am Shopping Bus (Fred Meyer) 10am Advanced Fitness (AUD) 11am Better Balance (AUD) 11am Choir Practice (CH) 12pm Art Group (ART) 1pm Low-vision Support Group (CH) 2pm Writing Group (FR) 3:15pm Orchestra Ensemble (CH) 6:30pm Pinochle (ML) 6:30pm The Gideons (CH)	16 9am Mind Matters (CR) 10am Advanced Fitness (AUD) 11am Seated Fitness (AUD) 12pm Cabin Fever: Panera (BP) 1pm Wii Bowling (AUD) 6:30pm Card Games (CC) 6:30pm Chess Club (FR)	17 9:30am Prayer Time w/Brian (CH) 10am Shopping Bus (Aurora Market) 10am Brain Health Fitness (AUD) 11am Better Balance (AUD) 1pm Jesus Always (CH) 1pm Christian Book Study (FR) 2pm Ping Pong (AUD) 2pm Genealogy Group (ART) 6pm Bridge Night (FR)	18 9:15am Shopping Bus (QFC, Trader Joe's, Banks, Drug Stores) 10am Advanced Fitness (AUD) 11am Seated Fitness (AUD) 1pm Mike Martin Tour Part 2 2pm Mark Hamby on Piano (ML) 7pm Movie Night: (CH)	19 10am CWA Prayer Group (CH) 1pm Taproot Theatre (BP) 6:30pm Rummikub (CC) 7pm Poetry Night (FR)
13 6pm Communion Sunday at Vespers (CH)	14 9am Men's Prayer Fellowship (CH) 10am Advanced Fitness (AUD) 11am Seated Fitness (AUD) 11am Women's Bible Study (FR) 11am Tech with Teens (CH) 12pm Outdoor Worship with Marty (DH) 1pm Knitters and Stitchers (FR) 2pm Ping Pong (AUD) 6:30pm Card Games (CC) 7pm Rummikub (FR)	15 9am Shopping Bus (Fred Meyer) 10am Advanced Fitness (AUD) 11am Better Balance (AUD) 11am Choir Practice (CH) 12pm Art Group— Making Gift Bags from 13" Calendar Pages (ART) 2pm Missionary Prayer (CH) 3:15pm Orchestra Ensemble (CH) 6:30pm Pinochle (ML)	23 9am Mind Matters (CR) 10am Advanced Fitness (AUD) 11am Seated Fitness (AUD) 1pm Wii Bowling (AUD) 1pm Scenic Drive: Sandpoint— U Village & Top Pot Donuts (BP) 6:30pm Card Games (CC) 6:30pm Chess Club (FR)	24 9:30am Prayer Time w/Brian (CH) 10am Shopping Bus (Fred Meyer) 10am Brain Health Fitness (AUD) 10am-4pm Library Book Sale (ML) 11am Better Balance (AUD) 12:50pm Well.Walk: Bothell Landing 1pm Christian Book Study (FR) 1pm Jesus Always (CH) 2pm Ping Pong (AUD) 2pm Caregivers Support Group (FR) 6pm Bridge Night (FR)	25 9:15am Shopping Bus (QFC, Trader Joe's, Banks, Drug Stores) 10am Advanced Fitness (AUD) 10am-4pm Library Book Sale (ML) 11am Seated Fitness (AUD) 1pm The Hero's Journey through The Wizard of Oz by Stephanie Platter (CH) 7pm Movie Night: (CH)	26 12pm The Music of Mizue (ML) 6:30pm Rummikub
20 6pm Sunday Vespers (CH)	21 10am Advanced Fitness (AUD) 11am Seated Fitness (AUD) 11am Women's Bible Study (FR) 1pm Knitters and Stitchers (FR) 2pm Ping Pong (AUD) 6:30pm Card Games (CC) 7pm Rummikub (FR)	22 9am Shopping Bus (Fred Meyer) 10am Advanced Fitness (AUD) 11am Better Balance (AUD) 11am Choir Practice (CH) 12pm Art Group (ART) 2pm Writing Group (FR) 3:15pm Orchestra Ensemble (CH) 6:30pm Pinochle (ML) 7pm Hymn Sing— The Pilgrims Men's Chorus (AUD)	23 9am Mind Matters (CR) 10am Advanced Fitness (AUD) 11am Seated Fitness (AUD) 1pm Wii Bowling (AUD) 1pm Scenic Drive: Sandpoint— U Village & Top Pot Donuts (BP) 6:30pm Card Games (CC) 6:30pm Chess Club (FR)	24 9:30am Prayer Time w/Brian (CH) 10am Shopping Bus (Fred Meyer) 10am Brain Health Fitness (AUD) 10am-4pm Library Book Sale (ML) 11am Better Balance (AUD) 12:50pm Well.Walk: Bothell Landing 1pm Christian Book Study (FR) 1pm Jesus Always (CH) 2pm Ping Pong (AUD) 2pm Caregivers Support Group (FR) 6pm Bridge Night (FR)	25 9:15am Shopping Bus (QFC, Trader Joe's, Banks, Drug Stores) 10am Advanced Fitness (AUD) 10am-4pm Library Book Sale (ML) 11am Seated Fitness (AUD) 1pm The Hero's Journey through The Wizard of Oz by Stephanie Platter (CH) 7pm Movie Night: (CH)	26 12pm The Music of Mizue (ML) 6:30pm Rummikub
27 6pm Sunday Vespers (CH)	28 Lobby Communion 8:30am (ML) & 10:30am (CH) 9am Men's Prayer Fellowship (CH) 10am Advanced Fitness (AUD) 11am Seated Fitness (AUD) 11am Women's Bible Study (FR) 1pm Knitters and Stitchers (FR) 2pm Grief Support Group (AUD) 6:30/7pm Games (CC&FR)	29 9am Shopping Bus (Fred Meyer) 10am Advanced Fitness (AUD) 11am Better Balance (AUD) 11am Choir Practice (CH) 12pm Art Group— Making Photo Albums from Lunch Bags (ART) 1pm Bal. & Brain Health (Chn 371) 3:15pm Orchestra Ensemble (CH) 6:30pm Pinochle (ML)	30 9am Mind Matters 2 (CR) 10am Advanced Fitness (AUD) 11am Seated Fitness (AUD) 12pm Trip: Alderwood Mall (BP) 1pm Wii Bowling (AUD) 2pm Preschool Goodie Bag Assembly line (ML) 6:30pm Card Games (CC) 6:30pm Chess Club (FR)	31 9:30am Prayer Time w/Brian (CH) 10am Shopping Bus (Lynnwood Hobby Lobby & Target) 10am Preschool Costume Parade (ML) 10am Brain Health Fitness (AUD) 11am Better Balance (AUD) 1pm Jesus Always (CH) 1pm Christian Book Study (FR) 2pm Ping Pong (AUD) 6pm Bridge Night (FR)	<h1 style="color: gold; font-size: 4em; font-family: cursive;">2024</h1>	

Room Legend:

AM—Aurora Market: Dollar Tree,
Safeway & TJ Maxx
ART—Art Room
ACL—Activity Center Fireside Lounge
AUD—Activity Center Auditorium
BR—Billiards Room
BP—Bus Provided
CC—Cris Café
CH—Chapel
CR—Conference Room
FD—Front Desk
FR—Friendship Room-A Building
GP—Grotto Patio
GPL—Grotto Patio Lawn
L—CWP Main Lobby
LIB—Library
ML—Main Lounge
MLP—Main Lounge Patio
MN—Movie Night
Sch—Schirmer Auditorium
UC—Upper Campus
VL—Various Locations

Other CWP Calendar Abbreviations & Notes:

BARD—Braille and Audio Reading
Download (this is an app &
Program by the Talking Book
Library)
BP—Bus or Shuttle Provided
Chn—Channel
CWP—Cristwood Park
DH—Daily Happenings (Periodically
we have an outdoor activity
that may move indoors if the
weather is too cold or rainy. Check
the Daily Happenings that day to
see location)
LVP—Low Vision Support Group
Name Tag Day—Pick up a name tag
at resident council and wear it for the
rest of the day to help out our new
Residents.